



Therapy training with in-person and online content

Book now - limited availability. Maximum group size 14

Advanced skills

scar massage (dry)



self-scar care



assessment for diastasis recti



abdominal massage



"I went on the c-section scar specialist two-day course and it was fantastic. I completed my course feeling confident that I can support lots more mums in my treatments!"



Ideal training for

Women's/pelvic health physiotherapists

Cranial osteopaths

Post-natal or womb massage specialists

Massage therapists



www.restoretherapy.co.uk

Online and in-person blended training



Tutor: Vickie Maher

Two days in-person plus online pre-and post course learning



Mon 13 & Tues 14 Jan 2025



Melbourne



Sat 18 & Sun 19 Jan 2025



Sydney



Demonstrations on clients after c-section



Assessment for abdominal separation and breathing



Treatment techniques for painful and numb scars



Scar care products to help common symptoms and for hypertrophy and keloids

Restore Therapy is a leading scar therapy training specialist in UK, don't miss this opportunity!

